

**Network Minutes**

**Thursday January 9, 2020 Best Western CVI - 5:45 pm**

**Present:** Denise Williams Chair, Sheila Service, Cindy Lise, Maeve Maguire, Douglas Hardie, Anita McLeod, Debbie Berg, Alistair MacGregor, Faye Gilbert, Kate Rossetto, Mary Beth Small, Leslie Welin, Denise McKinlay, John Elzinga, Debra Toporowski, Sue Kurucz, Sara Ferrario, Elizabeth Croft, Jane Hope, Debbie Berg, Gus Williams, Tara McCaffrey, Ina Kennedy, Kristine Sandhu, Gretchen Hartley, Rhoda Taylor, Carla Bortoletto

**Regrets:** James Tousignant, Colleen Fuller, Kathy Easton, Carol Newington, Jane Osborne, Carolyn Austin, Chris Hall, Lynn Smith, Aimee Sherwood, Valorie Masuda, John Horn, Rosalie Sawrie, Chris Rafuse, Linda Roseneck, Robin Routledge, Christy Wood, Rob Hutchins, Arlene Robinson,

**Guests:** Rosalyn Graham, Lisa

1. **Call to order** at 5:45 by Denise Williams who welcomed guests and members and initiated round table introductions.
2. **The agenda was approved** by general consent.
3. **The Financial statement** was accepted as presented by general consent.
4. **Correspondence** – No correspondence
5. **United Nations Rights of the Child-** Article 12 – You have the right to an opinion and for it to be listened to and taken seriously.
6. **Update on OCCHN Activities**

* Our Cowichan 2018 Small Grants final report review undertaken
* Planning and developing the Cowichan Communities Health Profile is ongoing and is currently at the vetting stage.
* Meeting with Island Health and School District re: Smoking and Vaping. OCCHN will be approached to steward the collaboration process
* Facilitated EPIC and Community Action Team Collective Impact meetings
* Participated in steering committee for Regional Child Care Plan- final project will be completed in March
* Engaged in dialogue with Bev Suderman and Kate Koyote re: Development of a Women’s Clinic and including children and social determinants of health in the planning process

1. **Celebrating Network Member- Cowichan Valley Hospice Society.** Hospice Executive Director Gretchen Hartley and Lisa de Lusignan, the Bereavement Services Coordinator at hospice presented to OCCHN. Lisa meets with bereaved clients and links them with a hospice service: a volunteer, care clinic or one of the support groups. Our Cowichan assisted Cowichan Valley Hospice Society with a letter of support in regards to initiating a program for traumatic loss. The proposal was successful and CVHS began training volunteers in traumatic loss and then began its first support group. The group helps individuals who have experienced a traumatic loss such as accident, loss of a child, or overdose for example. Participants go through an 8-10-week program to help them learn about their own grief. One of the key learnings of the participants is that it is ok to not be ok and that they are not going through such trauma alone. A new group will be starting in April. Flyers were shared with the network members.
2. Most Significant Change Evaluation Process:
   * OCCHN welcomed, Analisa Blake, Helen von Buchholz, Matt Herman, Christina Harding and Jaclyn Ekkert to facilitate members through an Our Cowichan Most Significant Change process. Members gathered in small working groups to dig deeper into areas that have been identified as key projects that have resulted in the most significant changes as a result of the work of Our Cowichan. We were the first health network to undergo this process. Other networks on Vancouver Island will also take part in the near future. The information gathered will be reported back to the members in the near future.
3. **New Business**:
   * It is reported that the Municipality of North Cowichan is considering a moratorium on development. It was brought forward that a motion was put to the North Cowichan council to place a moratorium on development that could have a profound impact on the new Cowichan District Hospital building. This topic will be going to council on January 15 for those who are interested in attending.
   * Cowichan Primary Care Network Update: The planning team met with the Ministry of Health today and the proposed plan has been mostly approved. Not all components of the project proposal were approved but the team is pleased with the outcome. More information regarding which services will be coming to the region will be announced soon. Further discussions and signing of contracts are required first.

**Adjournment**: at 7:45 pm. Minutes taken by Cindy Lise

Next meeting January 9 at the Ramada Silver Bridge at 5:45 pm Dinner to begin at 5:15